WHAT
Help 10 million people across Southern Africa become more food-secure and resilient to climate change by 2020.

WHERE
Madagascar, Malawi, Mozambique, Tanzania, Zambia and Zimbabwe

WHY
About half the population of Southern Africa — 129 million people — struggle every day to find enough food to eat, and more than 12 million children under age 5 are stunted due to malnutrition.

WHEN
2017 - 2020

HOW
Seeking $15 million to expand CARE’s proven approaches, including community-based adaptation and farmer field schools.
Night after night children and families in many parts of Southern Africa go to bed hungry. In some countries, 40 percent of children suffer from stunting. They literally fail to grow because of chronic malnutrition. The fact that hunger persists and is worsening in this fertile region is a major injustice. The reasons are complex and interrelated — extreme poverty, erratic weather events, and gender and power inequalities, among others — but the good news is that CARE and our partners have proven solutions that can be expanded to meet the needs of millions more people.

Through our new Her Harvest, Our Future program, CARE will help 10 million people across Southern Africa become more food- and nutrition-secure and resilient to climate change by 2020.

We will use CARE’s SuPER principles to guide this work:

The solution to the food crisis lies in small-scale farming systems that are SUSTAINABLE, PRODUCTIVE, PROFITABLE, EQUITABLE and RESILIENT.

CARE’s unique approach consistently focuses on women and girls. Gender inequality is a major driver of food insecurity, so working with families and community leaders to change the culture around what is perceived as women’s work and men’s work is fundamental to transforming power dynamics and thus helping women participate more in farming and in making financial decisions. We know, for example, that if women farmers had access to the same resources as men, we could feed another 100 million to 150 million people. In Zimbabwe, 72 percent of women in a CARE food security program now receive help from their husband or partner with fetching water, weeding fields, or other chores that were viewed as women’s work. Our experience shows that women’s empowerment work is a catalyst for many changes that result in keeping girls in school longer, improved nutrition and increased income — for every dollar women earn, 80 cents goes back into the family, compared with 30 cents of every dollar men earn. This approach and emphasis on gender equity is the foundation of every CARE program, including Her Harvest, Our Future.

$15 million over four years will result in improved food and nutrition security and climate change resilience for 10 million people in Southern Africa by 2020 and will unlock the ability to raise an additional $268 million to end hunger in the region. It also will allow us to achieve longer-term impact through our advocacy efforts, influencing policy and investment choices that improve the lives of millions more.
With CARE’s support, vulnerable families grow, market and use nutritious food in an appropriate and sustainable way, and are able to adapt to climate and environmental changes. Because small-scale women farmers are at the center of our efforts, they have more control over their futures and can better realize their aspirations for themselves, their families and their communities.

Through Her Harvest, Our Future CARE and our partners will build on proven program models that already have produced significant results in the region. These models include:

**Community-Based Adaptation:**
CARE helps communities and authorities work together to understand vulnerabilities to climate change, and to develop plans and capacities to adapt. Adaptation helps communities withstand drought and floods through cost-effective activities like early warning systems, disaster response plans, rainwater harvesting and food and seed banks.

**Farmer Field Schools:**
This hands-on training program puts farmers at the heart of learning and decision-making around the use of new and improved agricultural techniques, such as planting and harvesting drought-resistant crops, mulching techniques and conservation of green water to reduce evaporation and runoff. In Malawi, participating households now are able to harvest at least twice a year, producing more food for family consumption.

**Sustainable Agriculture Practices:**
CARE and our partners promote context-specific practices that increase yields, promote dietary and economic diversity, and improve soil health and resilience to climate change. In Mozambique, some crop yields have tripled using new conservation agriculture techniques promoted by CARE.

To significantly increase our impact on food insecurity and malnutrition, Her Harvest, Our Future will use three main strategies to scale up these proven models across Southern Africa:

**#1 Incorporate successful approaches**
into existing projects and programs to quickly increase our impact.

**#2 Expand our approaches**
into new areas, such as neighboring villages or districts.

**#3 Apply CARE’s learnings to influence the programs and actions of others,**
including government, private sector and civil society actors supporting agriculture and nutrition.
At one of CARE’s farmer field schools in Mozambique, Almarinda learned how to protect the soil and improve her crop production. Despite being hit hard by the worst drought in 35 years, she was able to grow corn and sorghum.

“When I compare myself to other farmers who do not receive any support, I know how lucky I am,” says the mother of six. “I am very thankful that CARE helps us fight the drought and survive.”

CARE works with communities like Almarinda’s to prioritize their needs and make sure their voices are heard. We do this through proven programs that have been shown, in multiple countries, to contribute to improved food and nutrition security, and to increased resilience to climate change.

By making a targeted investment right now, you can help provide meaningful benefits to 10 million food-insecure people in Southern Africa, and ultimately, help them break the grip of poverty and hunger.

Like slavery and apartheid, poverty is not natural. It is man-made and it can be overcome and eradicated by the actions of human beings.

- Nelson Mandela

We all have the ability to make a difference in the world. At CARE, we believe part of our role is to connect and support those who share our vision of a world without poverty. If you believe that human potential is greater than poverty, join us. Invest with us. Believe with us. We can end suffering, poverty and injustice in the world — For Good.